## STEAK MARINADE

- 1 rounded tablespoon french mustard
- 2 Jemons juiced
- 4 Bay leaves
- 1 Clove garlic crushed
- 4 teaspoons fresh thyme

OR

(1 teaspoon dried thyme)

Salt & Pepper

Mix all ingredients and spread over meat for 24 hours. Turn 2 or 3 times.